



AUS SCHOOLS ORIENTEERING CHAMPIONSHIPS 2026

29 SEP-01 OCT
NGUNNAWAL COUNTRY

Australian Schools Orienteering Championships 2026

ASOC - Bulletin 1

Invitation

Students from Australian States and Territories and New Zealand and other regional orienteering nations are invited to compete in the 2026 Australian Schools Orienteering Championships (ASOC), incorporating the Southern Cross Junior Team Challenge, as part of the Oceania Orienteering Championships Carnival 2026.

Location

The carnival will be held across Canberra (Ngunnawal country) stretching from Canberra CBD to Namadgi National Park. All maps are within a 75 min drive from Canberra.

We acknowledge Ngunnawal and Ngambri peoples as the traditional custodians of the land we will live and orienteer on and pay our respects to their Elders past and present.

ASOC26 is organised by Orienteering ACT in conjunction with Orienteering Australia.

ASOC26 coordinator contact: Allison Jones
email: 2026asoc@orienteering.asn.au

Intended Audience

This ASOC26 Bulletin is intended for all ASOC26 competitors and their support persons, team managers and coaches.

Program of Events

Day	Date	Event	Location
Friday	25/09/2026	Arrival of teams to Canberra Park in late afternoon	Canberra Park
Saturday	26/09/2026	Oceania Middle Distance Championships	Bogong Ck (new map) Namadgi Nt Pk
Sunday	27/09/2026	Oceania Relay Championships	Honeysuckle Ck Namadgi Nt Pk
Monday	28/09/2026	Rest day	
Tuesday	29/09/2026	ASOC – Sprint Public race day 1	Orana school
Wednesday	30/09/2026	ASOC – Long Public race day 2	Remembrance Park
Thursday	1/10/2026	ASOC – Relay Public race day 3	Pine Island
Friday	2/10/2026	Rest day	
Saturday	3/10/2026	Oceania Long Distance Championships	Stromlo Forest Park
Sunday	4/10/2026	ACT Sprint Champs Departure of teams	ANU - To be confirmed

Information for selected state and NZ teams

Arrival

Teams should travel to Canberra on Friday 25th September and aim to arrive at their accommodation at [Canberra Park](#) in the late afternoon (TBA on exact time). The drive is approximately 15 minutes from Canberra Airport.

Departure

Departure will be on Sunday morning October 4th. Checkout from Canberra Park will be after breakfast & before leaving for the final day's event.

Transport

Teams will be able to park their minibuses at Canberra Park and use them to transport the teams to & from each event. Parking will be in the bus bays, with overflow parking available. All events will be accessible to 2-wheel drive vehicles unless very wet.

Accommodation

All Australian & New Zealand Schools teams, managers & coaches will be staying at Canberra Park for the entire week.

Canberra Park provides all linen, towels and pillows. Rooms and Pods are accessed via key cards.

Student rooms are 4 per room (2 bunks), with an ensuite bathroom/shower/toilet for each room.

Manager rooms are 2 per room (2 single beds) with an ensuite bathroom/shower/toilet for each room.

There are a small number of 'coach/bus driver' rooms we can also use for sick bay rooms if needed.

In each pod, there are 15 x 4-person student rooms, and 5 x 2-person manager rooms. ASOC will have 3 identical 'pods' in close proximity.

Each pod has a large common area that has a large TV/AV screen that can be used. We will look into coordinating allocated time for these facilities across teams. There are no other specific meeting rooms available on site.

The opening/closing presentations and disco will be off site at the Lyneham High School hall (~ 10 minutes by car).

There is a very large oval we can use, and various covered outdoor space.

Meals

Meals will be provided by Canberra Park who are very experienced in catering for 400+ school students every day throughout the year. Dietary requirements will be catered and must be advised on the Team information Sheets. An example menu for this week at Canberra Park is provided as an attachment, noting that dietary requirements will be accommodated.

Teams may utilise the camp kitchen facilities but must be respectful of others staying onsite.

Laundry

Self-service laundry facilities (6 dryers and 6 washing machines) are available for use by teams. Washing detergent is automatically included /dispensed in the machine. Tap credit card system, \$5 per wash and \$4 for dryers (current price).

Costs

Preliminary estimates indicate the cost will be \$1400 per person. This may change. The current estimate per head includes ASOC Team food and accommodation, general levy and the 3 ASOC Event Entry Fees.

Team managers should also take into account the Oceania event entry costs, bus costs, fuel and various tourist opportunities on the rest days.

Working with Vulnerable People (WWVP) checks in the ACT

Team managers and coaches **may** need to apply for an ACT WWVP check, because you have regular contact with vulnerable people while working or volunteering in a regulated activity. If you need to, you must apply for a WWVP check and receive a WWVP registration card.

<https://www.accesscanberra.act.gov.au/business-and-work/working-with-vulnerable-people/working-with-vulnerable-people-scheme>

You **do not** need to apply for a WWVP card if any of the following apply:

- your contact with vulnerable people is 'incidental contact'. For example, you work in the same building as a vulnerable person but have no physical contact, face-to-face or other communication with them.
- you only work or volunteer with vulnerable people in a job which needs you to be registered with the Australian Health Practitioner Regulation Agency
- you're under 16 years old
- you're not working or volunteering for more than 3 days in a 4-week period or 7 days in a 12-month period
- you have a valid Working with Children Check or equivalent from another state or territory AND you're not working or volunteering for more than 28 days in any 12-month period.

ASOC 2026 Rules

More information about ASOC, including the Rules and Conditions of Competition is available on the Orienteering Australia website: Current ASOC Rules (8 March 2025)

Please note Clauses 3.2.2 and 3.2.3:

3.2.2

The Competition Cohorts shall be as follows:

- Boys 19 years and under
- Girls 19 years and under
- Boys 15 years and under
- Girls 15 years and under

3.2.3

Each OA affiliated state/territory may nominate a State Team, or in the case of the NT, may nominate a specific NT team, with a maximum of twenty (20) Competitors and four (4) team officials, dependent on host state capacity. The State Team will consist of a maximum of six (6) runners in each Competition Cohort. No reserves are nominated.

Any State Team competitor in any Competition Cohort is eligible to earn individual points which contribute to State Team points and receive awards.

Rest Days

Monday and Friday are designated rest days.

In the later bulletin, we will provide suggestions for fun activities teams may wish to consider.

State Team presentations

A presentation evening for State Teams will be held on Thursday 1 October at Lyneham High School. Presentations for the Team's competition and overall State Champion Team will be made on this evening including the announcement of the Australian Honour Team.

Information for all ASOC competitors, including independent competitors

Entries

Details about entry processes and dates will be provided in a later Bulletin.

Start draw

The opening ceremony and the start draw for all ASOC competitors for the ASOC sprint event will take place on Monday 28th September at Lyneham High School. All ASOC competitors are welcome to attend and to invite family & friends.

Social program

Throughout the week there may be social activities in and around Canberra involving all ASOC competitors. Further advice in later bulletins.

Presentations

It is likely that presentations for the ASOC Open Individual and ASOC Relay events (including the Southern Cross Junior Challenge) will be made on the day of the event in the arena.

Independent competitors

Independent competitors are warmly invited to join the Development Camp, currently planned location at: <https://aliviotouristparkcanberra.com.au/>.
Contact Mary Ann Kulh for further details: makulh@gmail.com

Further details will be provided on Eventor Australia website.

Independent competitors entered in the ASOC 2026 events are welcome and encouraged to attend a range of social activities throughout the week.

The ASOC26 Final Bulletin will contain information with respect to which Social Events Independent competitors may attend if supervised.

Team personnel, Independent Athlete Camp personnel or where Independent Competitors are residing with their parents/guardians, all will be required to provide supervision & transport to & from all events including the social events.

All Independent Competitors will be required to be supervised by a designated adult whenever in attendance at any ASOC Social events.

Attachment: Sample Menu at Canberra Park



WEEKLY MENU 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Scrambled eggs Bacon Hash browns Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Beef chipolatas Pancakes Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Bacon French Toast Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Hash brown Beef Chipolatas Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Pancakes Bacon Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Hash Brown Beef Chipolatas Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Bacon French Toast Yoghurt Fresh fruits Cereal Toast Pc spreads
Chicken mayo & lettuce Sliced bread Packet snack or baked treat Bottled water Fruit	Roast beef, pickle & cheese Sliced bread Packet snack or baked treat Bottled water Fruit	Turkey salad Sliced bread Bottled water Packet snack or baked treat Fruit	Ham, Cheese & tomato Sliced bread Packet snack or baked treat Bottled water Fruit	Chicken & salad Sliced bread Packet snack or baked treat Bottled water Fruit	Ham salad Sliced bread Packet snack or baked treat Bottled water Fruit	Turkey & cheese Sliced bread Packet snack or baked treat Bottled water Fruit
Butter chicken with basmati rice and steamed greens	Chicken schnitzel with baked jacket potato, and vegetables	Homemade Beef Bolognese served with pasta and garlic bread	Marinated chicken cutlets served with Fried Rice & steamed vegetables	Crunchy crumbed fish, tartare sauce served with steamed potatoes and vegetables	Roasted chicken with baked potato, beans and salad	Hamburgers with crispy potato wedges and salad
Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette
Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert